



Health Services

Student Services

Vision/Narrative

Gavilan College Student Health utilizes a holistic approach in providing student centered public health services and education. Student Health provides services to adult students enrolled in credit classes. The actual increase in the overall student population, the loss of services in the community, the complexity of the student's problems, and the acuity of the student's health issues is incongruent with the staffing created 24 years ago. In Spring 2010, ACHA-National College Assessment II surveyed over 95,712 students of which 11,386 were from 14 California Community Colleges. The top factors identified that interfered with a student's academic performance aligned themselves with those seen in Gavilan's College Health: anxiety, cold/flu/sore throat, depression, stress, and sleep difficulties. The additional factor here at Gavilan would be the inability by the student to secure health services. Gavilan's College Health is designed to work with each individual student as unique in relation to their life perspective, life situation, and their specific ethnic and cultural background. Nearly 90% of the students seen in Student Health list their age between 20 and 49 and state they are not Caucasian. Of these, several indicate that they are low income, and/or others indicate that English is not their first language. And, also, several indicate that have been exposed to and/or victims of trauma.

Background: Under Title 5, Student Health Services encompasses several areas including health education, treatment for health conditions and referrals/resources into the community. To provide a broader list of services and support, additional space and administrative staff are needed.

Feedback from Supervisor / Dean

Health Services has been operating on a shoe-string and through one-time grants for a long time. Facilities are insufficient for providing health, confidential or expanded services. Health fees are not being used to fund this office, and the campus relies on relationships with community agency referrals, which often do not provide timely interventions for students. Students should be able to depend on sufficient resources and a professional space for service delivery.



Program Objective 1: Assess the continued need for and scope of mental health services on campus.

Strategy and Goal(s):

Strategy #2: Improve student services and enhance curriculum and programs in order to help students meet their educational, career, and personal goals.

Goal #1: Increase the student success, completion, and transfer rates using reasonable benchmarks specified by the College.

IEC Program Review:

Yes, this Objective is based from the last IEC Program Review.

Progress:

No: Yes, we have contracted with Discovery for two years and are evaluating the need for and effectiveness of this partnership.

Activity 1: Compare 16-17 and 17-18 number of students accessing mental health services

Personnel Request - *none*

Non-Personnel Request - *none*

Activity 2: Propose to Mental Health Committee and VPSS 18-19 services and whether new provider is needed

Personnel Request - *none*

Non-Personnel Request - *none*

Activity 3: Mental Health Committee has membership throughout shared governance on the College including ASGC, Counseling, Student Health, Administration, etc. Continued admin support for this task force is needed.

Personnel Request - *none*

Non-Personnel Request - *none*

Activity 4: Implement the plan for mental health services for students using existing MH professionals from Santa Clara County Behavioral Health and San Benito County Behavioral Health. A line item for mental health "follow up" services has been added to the Equity and SSS{ budget similarly to other CCCs.

Personnel Request - *none*

Non-Personnel Request - *none*

Activity 5: Continue the marketing of the online Kognito program which includes at-risk, LGBTQ, and



Veterans on Campus programs for both the students, and staff.

Personnel Request - *none*

Non-Personnel Request - *none*

Rankings:

Ranker	Comments	Rank
Dean		
Vice-President		10
Budget Committee		
President's Council		



Program Objective 2: Expand facilities, services, and outreach to better provide Health Services at Gavilan.

Strategy and Goal(s):

Strategy #2: Improve student services and enhance curriculum and programs in order to help students meet their educational, career, and personal goals.

Goal #1: Increase the student success, completion, and transfer rates using reasonable benchmarks specified by the College.

IEC Program Review:

Yes, this Objective is based from the last IEC Program Review.

Progress:

No: As we build our new Educational Master Plan and the Facilities Master Plan, we have an opportunity to confirm our facilities needs. Health Services has been working out of a "closet" which prohibits expanding services, agency collaboration, interns, etc. This is our opportunity to discuss expansion and new facilities over the next several years and if a general bond is included in our planning.

Activity 1: Hire a Health Clerk e.g. Office Assistant to provide clerical services, and basic clinic services under the jurisdiction of the College Health Nurse. Efforts would be made to have a bilingual, and bicultural health clerk.

Personnel Request

Job Classification	Quantity	FTE	Amount (\$)	Fund Source / Type
Classified	1	50%	\$ 35000.00	General Fund / On-Going

Non-Personnel Request - *none*

Activity 2: Create program expansion plan by determining additional scope and needed community or other MOUs.

Personnel Request - *none*

Non-Personnel Request - *none*

Activity 3: Create facilities cost plan.



Personnel Request - *none*

Non-Personnel Request - *none*

Activity 4: Create separate Health Education and Health Services functions. This would allow a more robust health education and prevention curriculum, and expand our current health offerings by hiring a nurse practitioner or other health care professional.

Potential options would be to contract out Health Services so the existing Health Nurse could focus more on Health Education. Currently we are tapped out in terms of offering full services and health education due to limited staff, facilities, and support.

Personnel Request

Job Classification	Quantity	FTE	Amount (\$)	Fund Source / Type
Faculty	1	50%	\$ 50000.00	General Fund / On-Going

Non-Personnel Request - *none*

Activity 5: Create a committee to work on all SH 101 related activities. Monthly the committee will meet to identify the 6 Gavilan specific pages for following month. The College Health Nurse will chair, and convene the meeting. The CHN will be responsible for ensuring the 6 pages are submitted to SH 101 according to the prescribed time line as requested by SH 101.

Personnel Request - *none*

Non-Personnel Request - *none*

Rankings:

Ranker	Comments	Rank
Dean		
Vice-President		9
Budget Committee		
President's Council		



Program Objective 3: Blank

Strategy and Goal(s):

Not Applicable: RESUBMITTED: Copied from Academic Year 2016-17

IEC Program Review:

Yes, this Objective is based from the last IEC Program Review.

Progress:

Yes: These are new requests.

Rankings:

Ranker	Comments	Rank
Dean		
Vice-President		
Budget Committee		
President's Council		



Program Objective 4: Blank

Strategy and Goal(s):

Not Applicable: RESUBMITTED: Copied from Academic Year 2016-17

IEC Program Review:

Yes, this Objective is based from the last IEC Program Review.

Progress:

Yes: Task force continues to meet monthly and has created/implemented plans for various mental health resources for enrolled students. There was a 25% increase in students surveyed that Kognito, online mental health program, has helped them discuss sensitive issues with their peers, families, and staff. The students also stated that the resources offered in the Kognito program have been most helpful.

Rankings:

Ranker	Comments	Rank
Dean		
Vice-President		
Budget Committee		
President's Council		



Program Objective 5: Blank

Strategy and Goal(s):

Not Applicable: RESUBMITTED: Copied from Academic Year 2016-17

IEC Program Review:

No: .

Progress:

No: .

Rankings:

Ranker	Comments	Rank
Dean		
Vice-President		
Budget Committee		
President's Council		



Program Objective 6: Blank

Strategy and Goal(s):

Not Applicable: RESUBMITTED: Copied from Academic Year 2016-17

IEC Program Review:

Yes, this Objective is based from the last IEC Program Review.

Progress:

Closed:

Rankings:

Ranker	Comments	Rank
Dean		
Vice-President		
Budget Committee		
President's Council		