



## **Health Services**

### **Student Services**

#### **Vision/Narrative**

Gavilan College Student Health utilizes a holistic approach in providing student centered public health services and education. Student Health provides services to adult students enrolled in credit classes. The actual increase in the overall student population, the loss of services in the community, the complexity of the student's problems, and the acuity of the student's health issues is incongruent with the staffing created 24 years ago. In Spring 2010, ACHA-National College Assessment II surveyed over 95,712 students of which 11,386 were from 14 California Community Colleges. The top factors identified that interfered with a student's academic performance aligned themselves with those seen in Gavilan's College Health: anxiety, cold/flu/sore throat, depression, stress, and sleep difficulties. The additional factor here at Gavilan would be the inability by the student to secure health services. Gavilan's College Health is designed to work with each individual student as unique in relation to their life perspective, life situation, and their specific ethnic and cultural background. Nearly 90% of the students seen in Student Health list their age between 20 and 49 and state they are not Caucasian. Of these, several indicate that they are low income, and/or others indicate that English is not their first language. And, also, several indicate that have been exposed to and/or victims of trauma.

#### **Feedback from Supervisor / Dean**

Health Services has historically provided health services, health education, and collaborated across campus and within the community on a limited budget and with insufficient space. To meet the needs of students, especially in the area of mental health services, we have cobbled together funding from Equity and grants. This year we will be seeking additional Equity funding to ensure that a greater number of students can be served through Vision Care, the Health Faire, etc.



**Program Objective 1:** Under Title 5, Student Health Services encompasses several areas including health education, treatment for health conditions and referrals/resources into the community. The College Health Nurse needs a Health Clerk located in Health Services to provide consistent hours of operation for the students and provide immediate response for the students in person, email or by phone while the CHN is working with other students. Student Health has been open for 23 years. There has never been a regular Gavilan employee in this position. The Health Clerk would be able to work in all the clinics, e.g. the TB clinics, Flu clinics, and others. The Health Clerk would be able to ensure that all related documents, and consents are completed prior to seeing the CHN. This Health Clerk would also work with the CHN for on campus tabling, and in classroom presentations. The position of Health Clerk would keep Health Svcs open additional hours and would enable the CHN to go to the satellite campuses to provide services.

**Strategy and Goal(s):**

Strategy #2: Improve student services and enhance curriculum and programs in order to help students meet their educational, career, and personal goals.  
Goal #6: Create communication methodology to increase the awareness of student well-being services such as mental health.

Strategy #1: Optimize enrollment, course offerings, and services to reflect community needs and growth.  
Goal #1: Create an institutional approach to offer and integrate student outreach activities, recruitment, assessment, orientation, counseling, retention and follow-up efforts, with particular attention to educationally under-represented student populations.

**IEC Program Review:**

Yes, this Objective is based from the last IEC Program Review.

**Progress:**

Closed: RESUBMITTED: See Academic Year 2017-18 Program Plan

**Activity 1: Hire a full time Health Clerk e.g. Office Assistant to provide clerical services, and basic clinic services under the jurisdiction of the College Health Nurse. Efforts would be made to have a bilingual, and bicultural health clerk.**

**Personnel Request**

Job Classification	Quantity	FTE	Amount (\$)	Fund Source / Type
Classified	1	65%	\$ 18956.60	Equity / On-Going



**Non-Personnel Request - *none***

**Activity 2: Health Clerk will support all activities that occur in Student Health. One example is the additional clinic time that has been requested by the students for TB screening. This demand is directly in correlation with the increased programs over the past 21 years, for example, service learning, work study, clinical nursing settings, and internships.**

**Budget request is in Objective 1.**

**Personnel Request - *none***

**Non-Personnel Request - *none***

**Activity 3: Health Clerk will increase two fold the ability of the College Health Nurse to see students, and implement activities that will assist students' persistence. One of those activities is Flu Clinic which would support the student to stay in school. One example: the Health Clerk would keep Student Health open while CHN collaborates with the local Health Departments for a clinical experience for our Nursing students and the students to receive the much needed vaccine.**

**Personnel Request - *none***

**Non-Personnel Request - *none***

**Rankings:**

Ranker	Comments	Rank
Dean		
Vice-President	The Health Faire and vision programs are low cost and we are going to request Equity to underwrite in the coming year.	11
Budget Committee		
President's Council		



**Program Objective 2: Seek additional Equity funds to support students in other areas. Vision Care, the Health Faire, and other needs as they arise.**

**Strategy and Goal(s):**

Strategy #2: Improve student services and enhance curriculum and programs in order to help students meet their educational, career, and personal goals.

Goal #1: Increase the student success, completion, and transfer rates using reasonable benchmarks specified by the College.

**IEC Program Review:**

Yes, this Objective is based from the last IEC Program Review.

**Progress:**

Closed: These are new requests.

RESUBMITTED: See Academic Year 2017-18 Program Plan

**Activity 1: Provide Vision care to students.**

**Personnel Request - *none***

**Non-Personnel Request**

Specific Item(s) Needed	Amount Requested (\$)	Fund Source / Type
Vision care	\$ 3000.00	Equity / On-Going
<i>Total Requested</i>	<i>\$ 3000.00</i>	

**Activity 2: Seek ongoing funds for Health Faire and other Health Education efforts throughout the year.**

**Personnel Request - *none***

**Non-Personnel Request**

Specific Item(s) Needed	Amount Requested (\$)	Fund Source / Type
Special events	\$ 5000.00	Equity / On-Going
<i>Total Requested</i>	<i>\$ 5000.00</i>	

**Rankings:**

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**Health Services**

Academic Year 2016-17

Ranker	Comments	Rank
Dean		
Vice-President	Our Health Services office is understaffed and cannot provide the full array of services most colleges provide. We continue to request a part time health clerk, and this year will be asking Equity to help provide that service for the coming fiscal year.	12
Budget Committee		
President's Council		



**Program Objective 3: Increase the accessibility of mental health services available to Gavilan College students.**

**Strategy and Goal(s):**

Strategy #2: Improve student services and enhance curriculum and programs in order to help students meet their educational, career, and personal goals.  
Goal #1: Increase the student success, completion, and transfer rates using reasonable benchmarks specified by the College.

**IEC Program Review:**

Yes, this Objective is based from the last IEC Program Review.

**Progress:**

Closed: Task force continues to meet monthly and has created/implemented plans for various mental health resources for enrolled students. There was a 25% increase in students surveyed that Kognito, online mental health program, has helped them discuss sensitive issues with their peers, families, and staff. The students also stated that the resources offered in the Kognito program have been most helpful.  
RESUBMITTED: See Academic Year 2017-18 Program Plan

**Activity 1: Mental Health Committee has membership throughout shared governance on the College including ASB, Counseling, Student Health, Administration, etc. Support for this task force is the departmental secretary for the Counseling Department.**

**Personnel Request - *none***  
**Non-Personnel Request - *none***

**Activity 2: Implement the plan for mental health services for students using existing MH professionals from Santa Clara County Behavioral Health and San Benito County Behavioral Health. A line item for mental health "follow up" services has been added to the Equity and SSS{ budget similarly to other CCCs.**

**Personnel Request**

Job Classification	Quantity	FTE	Amount (\$)	Fund Source / Type
Other: <i>Interns</i>	5	%	\$ 30000.00	Equity / On-Going

**Non-Personnel Request - *none***

**Activity 3: NAMI (National Alliance for Mental Illness) provided an educational kiosk for Gavilan College with**



a significant focus on Veteran's needs and resources. The Kiosk requires ongoing attention i.e. maintenance, supplies, and collaboration with AV department, and local chapter of NAMI located in San Jose. The CHN is the conduit between Gavilan and NAMI to ensure that adequate brochures, information, and resources are available for students, employees, and also community members. The CHN works with NAMI to secure educational speakers for faculty instruction as well as campus wide events.

**Personnel Request - *none***

**Non-Personnel Request - *none***

**Rankings:**

Ranker	Comments	Rank
Dean		
Vice-President	We currently are piloting mental health services with Equity funding. We already have seen an increase in referrals and students requesting additional services. In spring we will be bringing interns to campus. Currently this is funded with 30,000 through Equity. If demand for services exceeds the allocation, we may need to request more from Equity next year.	12
Budget Committee		
President's Council		



**Program Objective 4: Provide current information to the students and employees through the online format, Student Health 101.**

**Strategy and Goal(s):**

Strategy #6: Foster a campus culture of engagement and excellence through improved communication, coordination, collaboration, and participation.

Goal #1: Improve communication processes among all stakeholders to increase awareness about planning activities, resource allocations, and significant factors affecting the college.

**IEC Program Review:**

No: This is new piece of technology that is used by more than 700 Universities nationwide including nearly all CCCs in Region 4.

**Progress:**

Closed: This is a new objective.

RESUBMITTED: See Academic Year 2017-18 Program Plan

**Activity 1: Create a committee to work on all SH 101 related activities. Monthly the committee will meet to identify the 6 Gavilan specific pages for following month. The College Health Nurse will chair, and convene the meeting. The CHN will be responsible for ensuring the 6 pages are submitted to SH 101 according to the prescribed time line as requested by SH 101.**

**Personnel Request - *none***

**Non-Personnel Request - *none***

**Rankings:**

Ranker	Comments	Rank
Dean		
Vice-President	Funding has already been provided through Equity. The committee could be part of the Mental Health Committee.	9
Budget Committee		
President's Council		





**Program Objective 5: Identify space to provide more access to health, mental health and health education services.**

**Strategy and Goal(s):**

Strategy #2: Improve student services and enhance curriculum and programs in order to help students meet their educational, career, and personal goals.

Goal #1: Increase the student success, completion, and transfer rates using reasonable benchmarks specified by the College.

**IEC Program Review:**

No: As we build our new Educational Master Plan and the Facilities Master Plan, we have an opportunity to confirm our facilities needs. Health Services has been working out of a "closet" which prohibits expanding services, agency collaboration, interns, etc. This is our opportunity to discuss expansion and new facilities over the next several years and if a general bond is included in our planning.

**Progress:**

Closed: This is new.

RESUBMITTED: See Academic Year 2017-18 Program Plan

**Activity 1: Create program expansion plan.**

**Personnel Request - *none***

**Non-Personnel Request - *none***

**Activity 2: Create facilities cost plan.**

**Personnel Request - *none***

**Non-Personnel Request - *none***

**Activity 3: Create separate Health Education and Health Services functions. This would allow a more robust health education and prevention curriculum, and expand our current health offerings by hiring a nurse practitioner or other health care professional.**

**Personnel Request**

Job Classification	Quantity	FTE	Amount (\$)	Fund Source / Type
Other: <i>Health professional</i>	1	75%	\$ 750000.00	Categorical / On-Going



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**Non-Personnel Request - *none***

**Rankings:**

Ranker	Comments	Rank
Dean		
Vice-President	With our limited health care staff and facilities, we are unable to offer the full array of health education and services that our needy population need. Identifying sufficient space, funding, and staffing to offer these extended services in an adequate facility would benefit the campus and community.	10
Budget Committee		
President's Council		