



IEC PROGRAM SUMMARY

Academic Year 12/13	Program Name: <u>Kinesiology</u>
	Date of Review: <u>2012-2013</u>

Major Program Goals:

- Develop 4th option to our major: Personal Trainer.
- Develop curriculum to satisfy Chancellor's Transfer Model Curriculum (TMC) in areas of dance, combatives, and aquatics.
- Increase the use of smart classroom technology and/or other technology.
- Increase hybrid and online courses within department.
- Address state mandate on repeatability.
- Develop department wide recruiting brochure Kinesiology/Athletics brochure.

Concerns/Trends:

- Facility scheduling challenges as a result of the APE building expansion and the subsequent loss of KIN designated classroom space.
- Part-time status of the departmental assistant and increased job responsibilities and growing student population.
- The development and enhancement of curriculum and programs, including the infusion of technology.
- Need for renovation of facilities including fitness center and swimming pools.
- Due to the limitations of the BIO sections available, KIN program students may have challenges completing their programs efficiently.

Plans for Addressing Concerns/Trends:

- Develop a recruitment plan for KIN programs.
- Expand part-time departmental assistant to full time position.
- Continue to encourage participation in training and expand the use of technology in indentified courses.
- Develop personal trainer program option.

IEC Recommendations:

- Through dean, initiate discussions regarding Bio course availability and facility scheduling.
- Development of recruitment plan and materials for KIN programs.
- Continue to seek funding for much-needed updates in facilities.
- Continue to develop curriculum including personal trainer program, dance, combatives in progress.
- Secure additional hours for departmental assistant and counselor as funding becomes available.



PROGRAM EXECUTIVE SUMMARY

Academic Year	Name of Program	Kinesiology
2011-2012	Date Reviewed	AY12-13

EXECUTIVE SUMMARY

Use data provided above and previous program plans to complete the following summary. Please provide a summary which should include an overall description of the program, a summary of the program's progress, a summary of issues and trends facing the program, and the program's plans for the future (2 page limit).

The Department of Kinesiology and Athletics contributes to the continued growth and development of each student by providing opportunities that advance the physical, mental, social, and emotional rewards that result from a comprehensive experience in higher education. Whether students are majoring in Kinesiology with an emphasis in Education, Sports Management, or Sports Medicine; completing a certificate in personal training; wanting to meet their transfer requirements; or just wanting enrichment opportunities, the staff remains dedicated to providing the best instruction possible. Students will be able to obtain several objectives through key opportunities, such as:

satisfying degree and/or certificate requirements; developing cognitive and motor skills required to perform activities that enhance lifelong health and fitness; developing an individualized approach to fitness that includes flexibility, muscular strength training, and cardiovascular endurance; and learning how to develop the components of a healthy lifestyle including stress management, nutrition, social interactions and physiological principles of exercise.

The Department has accomplished many goals since our last program review that directly have an impact on student success. These include, but are not limited to: changing our name from the Department of Physical Education and Athletics to the Department of Kinesiology and Athletics; successfully transforming our degree to meet the state's requirements for an AA-T degree; and adding a Certificate of Achievement for Personal Training. Additionally, the Department added new curriculum to meet the growing needs of our students. These courses include KIN 71-Self Defense for Women, KIN 82-Circuit Training, and KIN 83-Karate. The Department also added KIN 15-Sports and Society, a lecture-elective course that also meets Area F of Gavilan College's Associate's Degree for General Education.

Even with a decrease in overall operational budget from 2007-08 to present by \$2,500, the Department has been able to maintain its efficiency. We've added additional part-time faculty to teach courses that are considered non-traditional such as combatives and dance. By doing so, we've been able to expand our offerings to meet the needs of our students. Our staff has remained cohesive during these tough financial years. In doing so, we've become more creative with less and have been steadfast in our commitment to our students as described in our program's description.

As a department, we have been successful in staying ahead of the curve when it comes to identifying trends and responding accordingly. There are areas, however, that we feel still need attention. This includes the mandate from the Chancellor's office on course repeatability. Although we have made significant progress on changing our curriculum to meet these needs, we're still unsure of what the final impact will be on students. Will new trends develop because of this mandate? Will students have other needs to be met that at this point we're unsure of how to accommodate? These are just a couple of the questions that we'll need to consider as students and staff work through these new requirements.

Additionally, the Department has identified other goals or objectives that we wish to address over the next few months and years. These areas include developing curriculum to meet the state's requirements for the Transfer Model Curriculum in areas of dance, aquatics, and combatives; considering the expansion of our Certificate of Achievement for Personal Trainer to a fourth option within our major; increasing distant learning opportunities for students; and considering new technology for instructional delivery.