



## IEC Executive Summary

**Academic Year**  
**2013-2014**

Program Name:  
Date of Review:

**Student Health Services**  
**April 2014**

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### Major Program Goals:

1. Provide immediate health education and referrals, assist students make positive choices, provide medical and public health services.
2. Ensure statutory compliance and participation in local, federal, and state health initiatives
3. Secure adequate staffing in Student Health to provide services that will enhance the students' ability to persist in their academic endeavors.
4. Adequate space in the Health Center to ensure that a student can actually lie down. This is built in the Master Facility Plan along with Counseling Department.
5. Provide Hollister, and Morgan Hill satellite campuses with additional Student Health Services.

### Concerns/Trends:

1. Lack of permanent full-time classified staff for Student Health Services.
2. Need to improve use of data to set program goals and gain institutional support.
3. Increases in students who have numerous health, mental health, and social issues that impede their ability to be successful, which also impacts the classroom setting.
4. Elimination of grant funding from the Gavilan Educational Foundation for the Vision program.
5. Lack of funding for supplies.
6. Allocation of Student Health budget to student accident insurance policy.

### Plans for Addressing Concerns:

1. Hire FT classified staff for Student Health office.
2. Contract with a Clinical Supervisor to oversee Intern Program.
3. Reestablish the Vision Grant from the Gavilan College Educational Foundation which provides eye exams and basic glasses for students with no resources.

### IEC Recommendations:

1. Hire FT classified staff for Student Health – recommend to Budget Committee that this position be included in institutional staffing plan.
2. Continue to collaborate with the Mental Health Task Force to seek funding and implementation of mental health services under a Clinical Supervisor to supervise interns.
3. Seek funding for the vision grant – send request to GCEF to allocate funds.
4. Seek funding for supplies through program plan and budget request process.
5. Work with Institutional Researcher to use data to set program goals and document impact.



## Self Study Summary

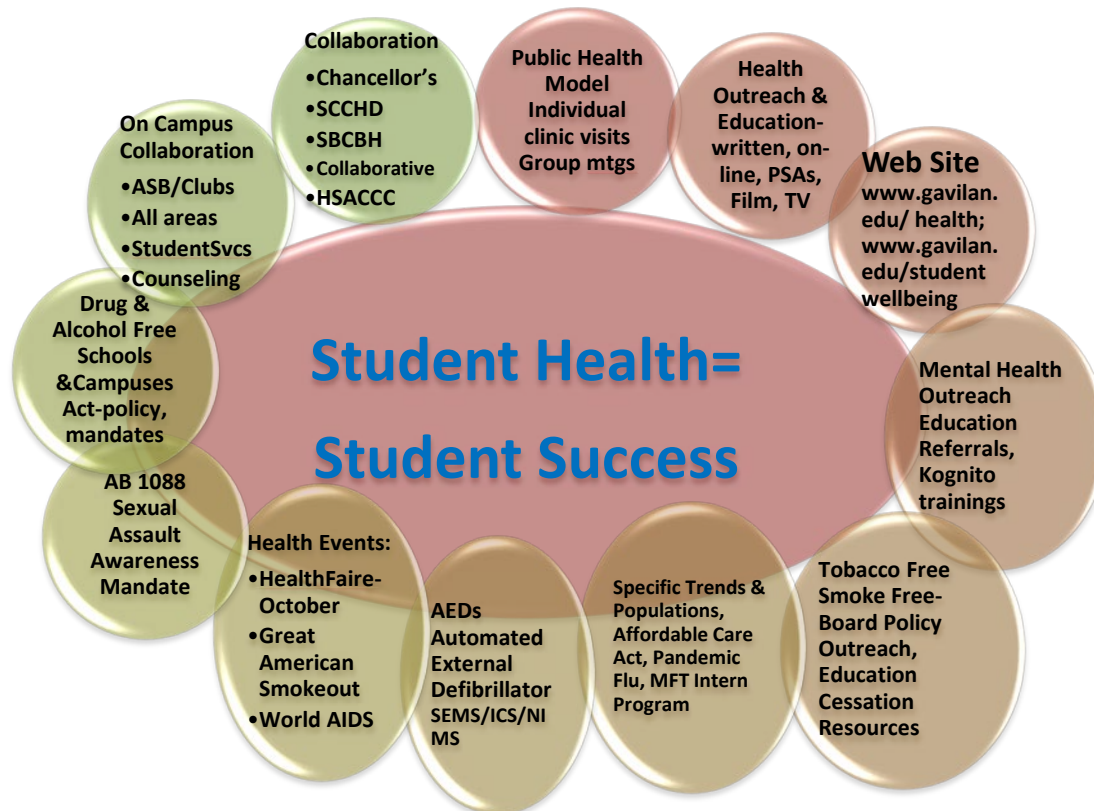
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The American Association of Community Colleges (AACC) released a policy statement stating, “Community colleges should view **health** as a powerful and appealing vehicle for interdisciplinary learning, skills building, and career development.” In addition, AACC believes that, “Community colleges recognize the **importance of health** in the learning, retention, productivity, and well being of students, faculty, and staff alike.” So what does that mean for our students here at Gavilan? It means that Student Health is current with trends. It means that the services in Student Health Services (SHS) were designed to meet the identified needs from the student surveys that are completed annually by Gavilan College students. This diagram shows the aspects of SHS and the direct correlation to Student Success.

### Gavilan College Student Health Services



**Significant Accomplishments:** Continue to provide quality professional health services that support student persistence and achievement. Increased SHS visits by 30%. Over 22,565 health ed outreach encounters have been done over 4 years related to 3 grants. Also, managed the CCC Student Mental Health very **complex** \$47,000 grant meeting the multiple deliverables. Provided concrete tools for student success through the online magazine, Student Health 101. Successfully achieved the Chancellor's Office recommendation to have Kognito available to all CCC students. Managed the Smoke Free Tobacco Free grant for 3 years by CDC, and SCC Health Department which provided ASB, and Gavilan's shared governance task force the tools to implement the Board Policy changes. In addition, Automated External Defibrillators (AEDs) were provided in 4 strategic campus areas. The National College Health Association survey for the 1<sup>st</sup> time included Gavilan students with results showing anxiety, suicide ideation, and sleep disturbances for our students. SHS started the Veteran's Van and is continued by DRC. There was the implementation of the medical legal issues that the College Health Nurse cannot leave SHS to provide services on campus. Health Faire Collaboration in the Gavilan community continues its 20<sup>th</sup> year. Student Health celebrates 20 years continuing all the health services plus adding new endeavors such as NEMS/SIMS, PSAs, Pandemic Flu, MAA (Medi-Cal Admin Svcs), Student Well Being website, and more.

**Resources and staffing changes:** Staffing has only occurred due to grants written by the College Health Nurse, and colleagues. Smoke Free Tobacco Free grant with 30 hours per week of peer mentors provided more than 11, 116 health education encounters. CCC Student Mental Health grant with the permanent part time Program Specialist, and peer mentors provided 9,532 health ed encounters, 6 regional summits, campus wide trainings, and presentations to the Board of Trustees and 3 Staff Development Days. Student Health has one full time faculty and one ten hour per week permanent part time Program Specialist as of May 2014.

**Trends:** These included an increase in community issues brought to campus e.g. medical marijuana, respecting students' rights not to be exposed to smoke, E-cigarettes, breast feeding in the school setting, AEDs, and violence in school setting. Increased numbers of students live with numerous health and mental health issues. As of May 2014, there is no grant funding which previously had supported solutions to many of the above issues. There has been the elimination of \$2,000 vision funding from the Gavilan Educational Foundation which provided vision testing, and glasses for our enrolled students who cannot see the board. Additional student health services since the last IEC, without consistent clerical support in SHS, has resulted in the lone staff working more hours than required by contract.

**Long Term Goals:** Secure adequate clerical staffing. Continue creating the MFT Intern plan so that Gavilan is a site for interns to provide short term counseling to Gavilan students. Secure adequate space for SHS to ensure that a student does not have to lay on the floor which is what occurs now. Adequate space has been built into the Master Facility Plan with Counseling Department as the College Health Nurse is a member of this department.

**Short Term Goals:** Work with the Vice President of Student Services to secure the permanent classified employee support. Enhance the ongoing 20 year old Health Faire Task Force to be the Student Health Services' Advisory Board.

The College Health Nurse is committed to continuing the provision of quality, student-centered services in SHS. These services will continued to be tailored to the student presenting themselves, and geared towards student persistence, and student success.

To continue the efforts put forward in the successful mental health and smoke free initiatives here at Gavilan, and also to continue with the essential student services in Student Health, appropriate staffing, and equitable allocation of resources needs to be institutionalized.