



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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## Course Outline

**COURSE:** PSYC 45                      **DIVISION:** 10                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Spring 2023

**CURRICULUM APPROVAL DATE:** 04/11/2023

**SHORT TITLE:** ABNORMAL PSYCHOLOGY

**LONG TITLE:** Abnormal Psychology

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3	18	Lecture:	3	54
		Lab:	0	0
		Other:	0	0
		Total:	3	54
		Total Learning Hrs:	162	

### **COURSE DESCRIPTION:**

This course explores the multidimensional influences on the diagnosis, etiology, and treatment of abnormal patterns of behavior. Traditional psychological models, as well as current research evidence of the reciprocal influences of biology and behavior, are used to study psychopathology. Clinical cases are used to examine life-span and cultural influences on abnormal behavior. **PREREQUISITE:** PSYC 10. **C-ID:** (PSY 120).

### **PREREQUISITES:**

Completion of PSYC 10, as UG, with a grade of C or better.

### **COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

### **GRADING MODES**

L - Standard Letter Grade

**REPEATABILITY:** N - Course may not be repeated

### **SCHEDULE TYPES:**

02 - Lecture and/or discussion

05 - Hybrid

71 - Dist. Ed Internet Simultaneous

72 - Dist. Ed Internet Delayed

## **STUDENT LEARNING OUTCOMES:**

By the end of this course, a student should:

1. Describe the major diagnostic categories in the current DSM and the processes used in making psychiatric diagnoses.
2. Identify and explain the major theories of etiology supported by current research in the field of abnormal psychology.
3. Analyze the influences of culture and life span characteristics as determinants of normal versus abnormal behavior.
4. Identify, compare, and contrast major treatment approaches.
5. Evaluate evidence supporting various theories of therapeutic interventions.

## **COURSE OBJECTIVES:**

By the end of this course, a student should:

1. Define and understand what constitutes abnormality in behavior
2. Analyze the history of mental illness and society's means and methods of addressing it
3. Compare and contrast the psychological theories used to assess and diagnose abnormality
4. Describe research methods used to analyze psychopathology
5. Analyze statistics and variations of mental illness as they exist historically and cross-culturally and propose explanations for these variations.
6. Assess various types of intervention and prevention techniques to reduce psychopathology
7. Examine stigmas, prejudices and discriminations those struggling with mental illness experience
8. Compare and contrast various mental illnesses, including: a. Anxiety and related disorders b. Mood disorders c. Somatic and Dissociative disorders d. Schizophrenia spectrum and other psychotic disorders e. Eating disorders f. Substance Use and other addictive disorders g. Disruptive, Impulse-Control, and Conduct disorders h. Personality disorders i. Neurodevelopment and Neurocognitive disorders

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 04/11/2023

1 Nature and scope of abnormality/Psychological Disorders (4 hours)

- A. Historical overview
- B. Biological viewpoint
- C. Psychosocial and cultural viewpoints
- D. Developmental perspectives
- E. Etiology
- F. Characteristics
- G. Treatment

2 Scientific study of abnormal behavior (4 hours)

- A Biological and genetic factors
- B Psychological factors
- C Socio-cultural factors
- D Research methodology (Descriptive, Epidemiological, Experimental, and Single-Subject)

3 Current Paradigms in Psychopathology (4 hours)

- A. Biological Paradigm
- B. Psychodynamic Paradigm
- C. Behavioral Paradigm
- D. Cognitive Paradigm

4 Methods of diagnosis and clinical assessment (4 hours)

- A Interdisciplinary sources

B Psychological testing/ brain imaging  
C DSM-5 (Diagnostic and Statistical Manual of Mental Disorders) or current edition  
D Cultural sensitivity

5 Anxiety and related disorders (4 hours)  
A Anxiety  
B Obsessive Compulsive disorders  
C Somatoform  
D Dissociative disorders (DID)  
E Post-traumatic disorders

6 Psychosis (3 hours)  
A Schizophrenia  
B Paranoia  
C Affective psychosis

7 Personality disorders (3 hours)  
A Clinical pictures  
B Types of disorders  
C Antisocial and criminal behavior

8 Addictive and substance abuse disorders (4 hours)  
A Alcohol abuse  
B Drug abuse  
C Impulse control  
D Gambling

9 Eating Disorders (4 hours)  
A. Anorexia nervosa  
B. Bulimia nervosa  
C. Binge eating disorder  
D. Other eating disorders

10 Childhood disorders (4 hours)  
A Early Childhood  
B Middle Childhood  
C Adolescence  
D Delinquent behavior

11 Sexual dysfunctions and gender issues (3 hours)  
A Sexual dysfunction  
B Sexual variants  
C Gender identity disorders

12 Mood Disorders (4 hours)  
A Major Depression  
B Bipolar disorder

C Suicide

13 Treatment and prevention (5 hours)

A Biological-based therapies

B Psychological-based theories

C Prevention

D Community based interventions

14 Legal and Ethical Issues (2 hours)

A Legal Restrictions and Patient Rights

B Ethical Considerations associated with diagnosis and treatment

Final Exam (2 hours)

**METHODS OF INSTRUCTION:**

Methods of instruction may include the following: Lecture Discussion (class wide, small group, etc.) Activities  
Films, video clips, and other audio/visual media. In class and out of class written assignments and projects.

**OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours 30

Assignment Description

Written Assignments (e.g. response papers, reading reflections, and/or journals)

Required Outside Hours 50

Assignment Description

Assigned readings

Required Outside Hours 28

Assignment Description

Group project, research paper, presentation, or other such work.

**METHODS OF EVALUATION:**

Objective examinations

Evaluation Percent 40

Evaluation Description

Exams may include true/false, multiple choice, short answer, and essay questions.

Writing assignments

Evaluation Percent 60

Evaluation Description

Writing assignments may include analysis of specific theories, current or historical issues within abnormal psychology, or other such assignments.

**REPRESENTATIVE TEXTBOOKS:**

Abnormal Psychology, Hooley, J., Nock, M., & Butcher, J., Pearson, 2020.

ISBN: Print ISBN: 9780135212172, 0135212170 Print ISBN: 9780135212172, 0135212170 eText ISBN:  
9780135190968, 0135190967

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 202170

UC TRANSFER:

Transferable UC, effective 202170

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: PSY

CSU Crosswalk Course Number: 120

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000627140

Sports/Physical Education Course: N

Taxonomy of Program: 200100