

Course: PSYC 199 Division: 10 Also Listed As:

Term Effective: 200930, INACTIVE COURSE

Short Title: ASSERTIVE TECHNIQUE

Full Title: Assertiveness Techniques

<u>Contact Hours/Week</u>	<u>Units</u>	<u>Number of Weeks</u>	<u>Total Contact Hours</u>
Lecture: 1	1	17.34	Lecture: 17.34
Lab: 0			Lab: 0
Other: 0			Other: 0
Total: 1			Total: 17.34

Credit Status: D - Credit - Degree Applicable

Grading Modes: P - Pass/No Pass

Repeatability: Repeatability: N - Course may not be repeated

Schedule Types: 02 - Lecture and/or discussion

Course Description:

Learning to be assertive is a goal that requires education and practice. This course will focus on learning assertive behaviors and applying them to personal, work, and social situations. This is a pass/no pass course.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200930

UC TRANSFER:

Not Transferable

PREREQUISITES:

COREQUISITES:

STUDENT LEARNING OUTCOMES:

TOPICS AND SCOPE:

METHODS OF INSTRUCTION:

REPRESENTATIVE TEXTBOOKS:

^uYour Perfect Right^s, by Robert E. Alberti, PhD and Michael L. Emmons, PhD. 1995

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 2 Stand-alone

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000327789

Sports/Physical Education Course: N

Taxonomy of Program: 200100