

5055 Santa Teresa Blvd Gilroy, CA 95020

# **Course Outline**

COURSE: PE 39 DIVISION: 40 ALSO LISTED AS: KIN 39

TERM EFFECTIVE: Fall 2011 Inactive Course

SHORT TITLE: FENCING

LONG TITLE: Fencing

<u>Units</u> <u>Number of Weeks</u> <u>Type</u> <u>Contact Hours/Week</u> <u>Total Contact Hours</u>

.5 OR 1 18 Lecture: 0 0

Lab: 1.5 OR 3 27 OR 54

Other: 0 0

Total: 1.5 OR 3 27 OR 54

### **COURSE DESCRIPTION:**

This course will explore the offensive and defensive fencing skills with a foil. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

**COREQUISITES:** 

CREDIT STATUS: D - Credit - Degree Applicable

**GRADING MODES** 

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 3 times

**SCHEDULE TYPES:** 

04 - Laboratory/Studio/Activity

## STUDENT LEARNING OUTCOMES:

1. The students will demonstrate their ability to attack and defend themselves with a foil while utilizing fencing etiquette and safety.

ILO: 7, 2, 4, 1

Measure: performance, role playing, oral exam, written exam

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2. The students will demonstrate a sense of balance and timing as it relates to the sport of fencing.

ILO: 7, 6, 4, 2

Measure: demonstration

## CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2010

This course is now listed as Kinesiology 39, effective Fall 2011.

Curriculum Approval Date: 02/11/2008

#### 3 - 6 Hours

Course introduction. The history, rules, safety and equipment for fencing will be presented. Warm-up exercises specific to fencing will be provided. Presentation on the first and second position salute, on guard position, and footwork for advancing and retreating.

SPO: The student will discuss and practice the safety aspects of fencing. The first and second position salute and on guard position will be demonstrated.

### 4.5 -9 Hours

Introduction of the lunge and recovery; engagement - four, six, seven, eight; fingering; and attacks - straight thrust, disengage, and coupe. Line drills and partnership training can be used to practice the lunge and recovery.

SPO: The student will demonstrate the lunge and recovery and their ability to attack. They will explain 'engagement'.

#### 6 - 12 Hours

Presentations on parries - direct, semicircular, circular; the reposte - immediate, delayed, counter; change of engagement; and double change. Partnership and line drills can be utilized to practice these skills.

SPO: The student will demonstrate parries. They will demonstrate more then one method of defense. They will discuss what 'change of engagement' means.

### 9 - 18 Hours

The following skills will be presented: beat; press; glide; derobement; compound attacks; the "right of way"; advanced footwork - ballestra and fleche; attacks to the blade - bind, croise, froisse, envelopment; variations of the attack; change of tempo; false attack; counter attacks; the stop thrust; the time thrust; the remise; the "in quartata"; the "knee-drop" and "passata-sotto". Line drills, partnership drills and free fencing can be utilized to practice these skills.

SPO: The student will demonstrate compound attacks using the correct footwork. They will describe and present a variety of counter attacks.

## 3 - 6 Hours

The opportunity to free fence will be provided. A class tournament and/or competition against outside individuals/groups could be provided.

SPO: The students will demonstrate their ability to perform a variety of fencing skills.

2 Hours

Final.

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Note:

This is a skill building class. Students who repeat the class will have the opportunity to improve and/or strengthen their skill development.

### **METHODS OF INSTRUCTION:**

Demonstration, lecture, small group participation

#### **METHODS OF EVALUATION:**

This is a degree-applicable course, but substantial writing assignments

are NOT appropriate, because the course primarily:

Involves skill demonstrations or problem solving

The problem-solving assignments required:

None

The types of skill demonstrations required:

Performance exams

The types of objective examinations used in the course:

Multiple choice

True/false

Matching items

Completion

Other category:

Requires student participation.

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%
Problem-solving demonstrations: 0% - 0%
Skill demonstrations: 40% - 60%
Objective examinations: 10% - 30%
Other methods of evaluation: 20% - 30%

#### **REPRESENTATIVE TEXTBOOKS:**

No textbook required.

## **ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 200850

CSU GE:

CSU E1, effective 200850

IGETC:

**CSU TRANSFER:** 

Transferable CSU, effective 200850

UC TRANSFER:

Transferable UC, effective 200850

# **SUPPLEMENTAL DATA:**

Basic Skills: N Classification: A

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Noncredit Category: Y Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: PE CSU Crosswalk Course Number: 39

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: Minimum Hours:

Course Control Number: CCC000244381 Sports/Physical Education Course: Y Taxonomy of Program: 083500

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