



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: KIN 5 DIVISION: 40 ALSO LISTED AS: PE 5

TERM EFFECTIVE: Fall 2022 CURRICULUM APPROVAL DATE: 12/13/2022

SHORT TITLE: INDIV/DUAL SPORTS

LONG TITLE: Individual and Dual Sports

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3	18	Lecture:	2	36
		Lab:	3	54
		Other:	0	0
		Total:	5	90
		Total Learning Hrs:	162	

COURSE DESCRIPTION:

Designed for those planning to work with children in the field of physical education or recreation. Activities such as badminton, golf, tennis, and pickleball may be covered. Previously listed as PE 5.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 047 - Laboratory - LEH 0.7
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB
- 737 - Dist. Ed Internet LAB-LEH 0.7

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Develop and implement a simple lesson plan for one of the sports presented in class, including utilizing a tournament format.
2. Develop the basic skills necessary to perform each of the activities and explain the rules of play for each.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Recognize and develop appropriate tournament formats for an individual and dual sport.
2. Demonstrate the skills and strategies required for the individual or dual sport by demonstration and participation in a class tournament.
3. Discuss the history, describe etiquette, keep score, explain singles and doubles positioning, describe the strategies involved in game play, and demonstrate the basic skills of tennis.
4. Discuss the history, list golf's etiquette, explain scoring, and describe the basic skills necessary to play.
5. Discuss the history of badminton, keep score, explain singles and doubles positioning, describe strategies involved in game plan, and demonstrate the basic skills necessary to play the game.
6. Discuss the history, list the sports' etiquette, score a game, and describe the skills necessary for pickleball.
7. Describe the parts of a simple lesson plan. Recognize these components during a lesson presented by the instructor. Identify at least four tournament formats.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 12/13/2022

LECTURE CONTENT:

6 Hours:

Content: Course introduction and orientation. Students will complete an in-class 'get to know you' exercise. The class will participate in an active discussion on what is meant by the term "individual and dual sports". Presentation on the components of a simple lesson plan. Students will begin to formulate groups for their teaching activity and select the sport that they will be teaching. Instructor will present a simple lesson plan for one of the individual and dual sports. Lecture on various tournament formats.

7 Hours:

Content: Lectures, discussions, and presentations on the sport of pickleball, including history, etiquette, equipment, game scoring, and the skills required.

7 Hours:

Content: Through lectures, discussion, and presentations, the instructor will provide information on the sport of badminton. This will include the history, equipment, scoring, singles and doubles positioning and strategy, and the basis skills.

7 Hours:

Content: Lectures, video, discussions, presentations on golf; including history, etiquette, equipment, scoring, and the skills necessary to play.

7 Hours:

Content: With the use of lectures, videos, discussions, and presentations, the instructor will provide information on tennis. History, etiquette, equipment, scoring, singles and doubles positioning and strategy, and the basic skill will be included.

2 Hours:

Written Final.

NOTE:

If equipment, facilities, and instructional expertise is available archery could be added as a fifth unit. Other units would be shortened to accommodate this unit.

LAB CONTENT:

8 Hours:

Content: Introduction to the lab portion of the class. The instructor will present a simple lesson plan for one of the individual and dual sports, including several tournament formats.

11 Hours:

Content: Lessons will be provided by the instructor on the skills required for pickleball as well as organizing a tournament. Students who selected this activity for their group project will present a lesson which will include a written lesson plan for the teaching of a specific pickleball skill, skill test, and handouts.

11 Hours:

Content: Lessons will be provided on the basic skills necessary to participate in badminton. Opportunities to practice the information presented during the lectures will also be provided. Students who selected this activity for their group project will present a lesson on a specific badminton skill. The information provided will include a written lesson plan, skill test, and handouts.

11 Hours:

Content: Instructor will provide lessons on the basic skills needed for golf. Students who selected this sport as their group project will present a lesson which will include a written lesson plan, the teaching of a specific skill, skill test, and handouts.

11 Hours:

Content: Lessons will be given on the basic skills required to participate in tennis. Opportunities to practice will be provided. Students who selected tennis for their group project will present a lesson on a specific skill. The information provided will include a written lesson plan, skill test, and handouts.

2 Hours:

Practical Final.

METHODS OF INSTRUCTION:

Lecture, Discussion, Multi-Media, Demonstration

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 14

Assignment Description

Homework: Read textbook chapter(s) related to topic(s) presented. Students will describe the types of tournaments they may have participated in. Meet with their teaching group to work on developing the type of tournament they will include in the written part of their presentation.

Required Outside Hours 16

Assignment Description

Homework: Read handouts provided by the instructor and/or related textbook chapter(s) and complete worksheets. Work on group projects. Study for quiz.

Required Outside Hours 16

Assignment Description

Homework: Read handouts provided by the instructor and/or related textbook chapter(s) and complete the worksheets. Work on lesson plans. Study for quiz.

Required Outside Hours 16

Assignment Description

Homework: Read handouts and/or related textbook chapter(s) and complete worksheets. If needed, work on lesson plans. Study for final exam.

METHODS OF EVALUATION:

Writing assignments

Evaluation Percent 30

Evaluation Description

Percent range of total grade: 25 % to 40 %

Lesson plan for activity being taught.

Skill demonstrations

Evaluation Percent 30

Evaluation Description

Percent range of total grade: 25 % to 40 %

Demonstration Exams

Objective examinations

Evaluation Percent 30

Evaluation Description

Percent range of total grade: 25 % to 40 %

Multiple Choice;

True/False;

Matching Items;

Completion

Other methods of evaluation

Evaluation Percent 10

Evaluation Description

Percent range of total grade: 5 % to 15 %

Participation in lab activities.

REPRESENTATIVE TEXTBOOKS:

Stephen Mitchell and Jennifer Walton-Fisette. The Essentials of Teaching Physical Education 2nd Edition. Champaign, IL: Human Kinetics, 2022.

ISBN: 978-1-4925-9892-3

Reading Level of Text, Grade: 12th Verified by: MS Word

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201170

UC TRANSFER:

Transferable UC, effective 201170

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000548420

Sports/Physical Education Course: Y

Taxonomy of Program: 127000