



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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### Course Outline

**COURSE:** KIN 19A                      **DIVISION:** 40                      **ALSO LISTED AS:** KIN 19 & PE 19

**TERM EFFECTIVE:** Spring 2023                      **CURRICULUM APPROVAL DATE:** 03/14/2023

**SHORT TITLE:** BADMINTON - BEGINNING

**LONG TITLE:** Badminton - Beginning

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54
		Total Learning Hrs:	27 OR 54	

#### **COURSE DESCRIPTION:**

Coeducational activity designed for beginning badminton students. Includes the fundamentals of the badminton forehand, backhand, overhead clear, and serve as well as the court markings. This course has the option of a letter grade or pass/no pass. Previously listed as KIN 19. Courses should be taken in sequential order.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

#### **GRADING MODES**

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

## SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

## STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate the basic badminton forehand, backhand, overhead clear, high serve and low serve.
2. Identify the markings of a badminton court.

## COURSE OBJECTIVES:

By the end of this course, a student should:

1. Explain and demonstrate the difference between the basic badminton forehand and the overhead clear
2. Explain the rules governing the badminton serve.
3. Demonstrate the basic badminton forehand and the basic badminton backhand, including grip changes, footwork and technique in modified class games and class participation.
4. Explain the difference between the singles and doubles service areas.
5. Demonstrate the high serve and the low serve and discuss the difference in techniques between the two.
6. Identify the court markings. Explain the rules utilized in rally games.
7. Explain the difference between the backhand grip and the forehand grip.

## CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 03/14/2023

4.5 - 9 Hours:

Content: Discuss course syllabus, class procedures and grading. Discussion on equipment, including setting up the nets and care of the rackets and shuttles. The basic badminton forehand; including grip, footwork, and stroke technique will be demonstrated and practiced. Shadow drill and wall rally may be used to practice the badminton forehand stroke.

6 - 12: Hours:

Content: Review and practice the basic badminton forehand. Introduce and practice the basic badminton backhand; including grip, footwork, and stroke technique. Emphasize the importance of changing grips from the forehand to the backhand stroke. Utilize a variety of drills to work on stroke development.

4.5 - 10 Hours:

Content: Presentation on the court markings. Continue to work on the basic badminton forehand and backhand strokes. Utilize a variety of activities, including rally games to practice the basic forehand and backhand strokes and to help identify court markings.

Introduce the overhead clear (forehand side only), including footwork, wrist action, transfer of weight, contact point, and shuttle trajectory.

4 - 9 Hours:

Content: Review the court markings. Continue to practice the basic badminton forehand, backhand, and overhead clear strokes.

Presentation on the high serve and the low serve; including the rules regarding serving, trajectory of the shuttle, contact point, footwork, grip, and stroke technique. Utilize drills such as serving to targets to emphasize the difference between the high serve and the low serve.

6 - 12 Hours:

Content: Discuss the service area for singles and for doubles. Practice serving both the high serve and low serve into the singles and doubles service court areas. Utilize a variety of activities to practice the badminton forehand, backhand, overhead clear, high serve, and low serve, as well as identifying court markings. This could be rally games incorporating the serve, forehand and backhand strokes and overhead clear, or knockout, or 2 versus 1 rally games.

2 Hours:

Final.

**METHODS OF INSTRUCTION:**

demonstration, lecture, discussion, guided practice

**METHODS OF EVALUATION:**

Skill demonstrations

Evaluation Percent 50

Evaluation Description

40% - 60%

Demonstration exams

Other methods of evaluation

Evaluation Percent 30

Evaluation Description

10% - 30%

Requires student participation

Objective examinations

Evaluation Percent 20

Evaluation Description

10% - 30% Multiple Choice; True/False; Matching; Completion

**REPRESENTATIVE TEXTBOOKS:**

No textbook required. Handouts will be provided as needed.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000536773

Sports/Physical Education Course: Y

Taxonomy of Program: 127000