



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: JLE 220

DIVISION: 50

ALSO LISTED AS:

TERM EFFECTIVE: Spring 2023

CURRICULUM APPROVAL DATE: 03/14/2023

SHORT TITLE: CIT

LONG TITLE: Crisis Intervention Team Training

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 TO 1	18	Lecture:	.35 TO .5	6.3 TO 9
		Lab:	1 TO 1.75	18 TO 31.5
		Other:	0	0
		Total:	1.35 TO 2.25	24.3 TO 40.5
		Total Learning Hrs:	36.9 TO 58.5	

COURSE DESCRIPTION:

This course teaches students to identify and appropriately respond to individuals with mental health, developmental disabilities, intellectual disabilities and substance use disorders. This is a pass/no pass course. **PREREQUISITE:** JLE 100 or equivalent.

PREREQUISITES:

Completion of JLE 100, as UG, with a grade of C or better.

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate and improve the basic components of communication skills and techniques.
2. Discuss aspects of culture in relationship to mental illness, intellectual disabilities, and substance use disorder.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Improve ability to identify and appropriately respond to individuals with mental health, developmental disabilities, intellectual disabilities and substance use disorders.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 03/14/2023

LECTURE CONTENT:

I. MENTAL ILLNESS OVERVIEW (.55 hours)

A. Overview of major Mental Illness

1. Description and overview
2. Diagnostic and statistical manual of mental disorders
3. Types of mental disorders
4. Causes of mental illness
5. Treatment options

B. Schizophrenia

C. Bi-Polar Disorder

D. Personality Disorders

E. Substance Abuse

2. GUEST SPEAKERS - PERSONAL EXPERIENCES (.5 hours)

A. Personal experiences of individuals with mental illness

B. Interaction with law enforcement

GUEST SPEAKERS - FAMILY EXPERIENCES

A. Personal experiences as parents of children with mental illness

3. DEVELOPMENTAL DISABILITIES (1 hours)

A. Definition

B. Intellectual Developmental Disorder (Mental Retardation)

1. Definition.
2. Indicators
3. Cause
4. Approaches for interaction with individuals with intellectual disability
5. Developmental Continuum Exercise (Break out into 5 groups)

C. Autism (.25 hour)

1. Definition
2. Indicators
3. Cause/no known cause
4. Approaches to interactions with a person with autism

D. CHILDREN AND YOUTH (.25 - .50 hour)

A. Self-Harm Culture Versus Suicide

B. Suicidal behavior - Serious and credible attempts to end life such as hanging, use of firearm, ingesting poisons

4. ALZHEIMER/DEMENTIA (.25 hour)
 - A. Alzheimer's
 1. Description and overview
 2. Risk Factors for Law Enforcement field contacts
 - B. Dementia (.25 hour)
 1. Description and overview
 2. Risk factors for Law Enforcement field contacts
5. POST-TRAUMATIC STRESS DISORDER (.25 -.50 hour)
 - A. Examples of traumatic events
 1. Abuse
 2. Catastrophe
 3. Violent attack
 4. War, combat
 - B. Symptoms of Post Traumatic Disorder (PTSD) (.25 - .50 hour)
 1. Intrusive
 2. Dissocialize state
 3. Flashbacks
 4. Intrusive memories and emotions
 5. Nightmares, night terrors
6. RESOURCES (.25 - .50 hour)
 - A. Mental health service providers
 - B. Service agencies in our County
 - C. Resources for problem solving
 - D. Directory of Community and Human Services for our County
 - E. Internet Resources
 - F. Available criminal justice resources
7. MOBILE EMERGENCY RESPONSE TEAM/ACCESS (.25 - .50 hour)
 - A. Mobile Emergency Response Team
 1. Overview of services for Children and Adults
 2. Criteria for referral
 3. Initiating MERT services in the field
 - B. ACCESS services (.25 hour)
 1. Overview of services for Children and Adults
 2. Criteria for referral
 3. Providing information for ACCESS services to an individual/family not currently in crisis
8. FORENSIC MENTAL HEALTH (.25 hour)
 - A. Overview of forensic mental health services within the County
 - B. Closing / Open discussions
9. SUICIDE ASSESSMENT/MANAGING SUICIDES IN PROGRESS (.25 - .50 hour)
 - A. High suicide risk categories and factors

10. SUICIDE BY COP (.25 - .50 hour)

- A. Definition - An incident in which an individual engages in behavior which poses an apparent risk of serious injury or death, with the intent to precipitate the use of deadly force by law enforcement personnel. (POST 1999)
- B. Potential Indicators
- C. Recent loss of
- D. Prior suicide attempts
- E. History of violence - best predictor of potential violence
- F. Imminent arrest
- G. Abnormal Event

11. MANAGING OFFICER STRESS (.25 hour)

- A. Types of reactions caused by stress

12. STRATEGIC COMMUNICATION & OFFICER SAFETY (.25 hour)

- A. Control the Environment

13. UNDERSTANDING ESCALATION VERSUS DE-ESCALATION IS AFFECTED BY COMMUNICATION STRATEGIES (.25 - .50 hour)

- A. Professionalism
- B. How you treat others
- C. Four Tenets of Procedural Justice

- 1. Voice
- 2. Neutrality
- 3. Respectful treatment
- 4. Trustworthiness

14. COMMUNICATION ELEMENTS (.25 - .50 hour)

- A. Phases of Communication
- B. Message Delivery
- C. Active Listening
- D. Empathy
- E. Questioning techniques

15. PEOPLE WITH DISABILITIES (.25 - .50 hour)

- A. Individuals with physical, mental health, developmental, or intellectual disabilities may have difficulty communicating, understanding, or complying with commands from peace officers.

- 1. State Law
- 2. Agency Policy
- B. Recognize appropriate methods of communication
- C. Potential Strategies
- D. Special Relationships/Community Caretaking
- 1. State Law
- 2. Agency Policy

LAB CONTENT:**I. TEAM COMMUNICATION DURING A CRITICAL INCIDENT (exercise) (10- 15 hours)****A. Coordinated effort**

1. Planned Response (when feasible)
2. One voice
3. Force options
4. Continuous Assessment

B. Potential Resources

1. Mental Health Resources
2. Community Resources

C. Debrief

1. Effective
2. Ineffective

II. CLASS EXERCISES (8 - 16.5 hours)**A. Practice of communication skills via active process**

1. Participation in role play scenarios
 2. Observation of role play scenarios
 3. Debrief of role play scenarios
- B. Evaluation of communication skill via demonstration**
1. Evaluated role play scenarios
 2. Feedback and debrief from instructors

METHODS OF INSTRUCTION:

Lecture, Lab, Class exercises

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 18

Assignment Description

Reading instructor handouts.

METHODS OF EVALUATION:

Writing assignments

Evaluation Percent 50

Evaluation Description

written exam shall be evaluated and graded by a POST certified instructor. If the student does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

Skill demonstrations

Evaluation Percent 50

Evaluation Description

Review of scenario training, minimum standards of performance shall be evaluated and graded by a POST certified instructor. If the student does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

REPRESENTATIVE TEXTBOOKS:

Instructor Handout - Department Policy , 2022 or a comparable textbook/material.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 2 Stand-alone

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000634604

Sports/Physical Education Course: N

Taxonomy of Program: 210550