

Course Outline

COURSE: COS 203 **DIVISION:** 50 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2021 **CURRICULUM APPROVAL DATE:** 12/14/2021

SHORT TITLE: PRACTICUM

LONG TITLE: Practicum

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 TO 12	18	Lecture:	0 TO 5	0 TO 90
		Lab:	0 TO 20	0 TO 360
		Other:	0	0
		Total:	0 TO 25	0 TO 450

COURSE DESCRIPTION:

Advanced techniques in tinting, lightening, hair and design and cosmetic chemistry. **PREREQUISITE:** Completion of COS 200, 201 and 202 with a grade of C or better.

PREREQUISITES:

- Completion of COS 200, as UG, with a grade of C or better.
- AND Completion of COS 201, as UG, with a grade of C or better.
- AND Completion of COS 202, as UG, with a grade of C or better.

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate and apply advanced coloring techniques, with proper sanitary maintenance area (SMA) set-up, based on a client's needs.
2. Explain the fundamentals of the theory of electricity, chemistry and sanitation as it relates to the cosmetology profession.
3. Demonstrate and apply thermal hair styling and the press and curl application, based on a client's hair characteristics.
4. Demonstrate and apply advanced razor cutting techniques, with proper maintenance area (SMA) set-up, based on a client's needs.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Describe and perform skills in the area of hair cutting, hair styling, hair coloring, skin care, and make-up application.
2. Perform basic analytical skills to be able to advise clients on total look concepts.
3. Apply academic learning, technical information and related matter to assure sound judgements, decisions and procedures.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 12/14/2021

LECTURE CONTENT:

10 Hours

Lecture/Review:

- A) Hairstyling
- B) Finger-waving
- C) Curl construction
- D) Hairstyling/Roller placement.

Student Performance Objectives: Explain the purpose of and when to use pin curls. Describe the three principle parts of a pin curl and pin curl placement. Discuss the preparation of roller placement, including when utilizing various sizes of rollers. Describe back-combing, back-brushing and French lacing techniques.

5 Hours

Lecture/Review:

- A) Electricity/Fundamentals
- B) Electro Therapy/High Frequency
- C) Galvanic and Safety measures

Student Performance Objectives: Discuss proper safety measures used on different types of electricity. Explain the various electrical appliances used in a salon and discuss how to use them..

5 Hours

Lecture/Review:

A) Light Therapy

B) Overview: Light therapy, Therapeutic lamps/appliances, safety measures.

Student Performance Objectives: List the benefits, disadvantages and safety measures utilized in light therapy.

10 Hours

Lecture/Review:

A) Thermal Styling: Introduction to Marcel Iron Styling.

B) Overview: Method techniques, safety, Pressing/comb heater, Methods/techniques, safety emergency first aid.

Student Performance Objectives: Describe proper wave techniques. Explain the safety measures in air waving, blow drying, pressing and Marcel irons.

10 Hours

Lecture/Review:

A) The Skin

B) Cleaning mask, skin conditions, benefits, procedure, scrub mask, purpose/benefits materials.

C) Hot eyebrows, purpose/benefits, materials.

Student Performance Objectives: Discuss facial packs and masks, their ingredients and the procedures for specific skin conditions. List the purpose and benefits of hot eyebrows.

5 Hours

Lecture/Review:

A) Review all materials covered to date.

B) Review Theory in preparation for Midterm

C) Midterm: Written

Student Performance Objectives: Participate in review sessions. Complete written midterm.

10 Hours

Lecture/Review:

A) Hair Coloring

B) Toners: purpose, benefits, color selection, application and highlighting.

Student Performance Objectives: Explain the color theory and identify the preventative and corrective steps on how to avoid or solve hair coloring problems.

10 Hours

Lecture:

A) Artificial Nails

Student Performance Objectives: Explain nail wrap procedure, nail tips procedure/sculpture nail. State the importance of sanitary and safety measures.

10 Hours

Lecture/Review:

A) Contemporary Perms

B) Introduction to weaving, methods-technique, safety

C) Introduction to piggy back method technique

Student Performance Objectives: Recognize the relationship between hair structure, perm chemistry, advanced perm techniques, client consultations, hair analysis and client protection. Discuss the techniques for hair weaving.

5 Hours

Lecture/Review:

A) Review all subject areas covered.

Student Performance Objectives: Discuss the information presented. Participate in review sessions.

8 Hours

Lecture/Review:

1/11/2022

- A) Review theory exam questions.
- B) Complete practice written exam.

Student Performance Objectives: Participate in class discussions. Complete practice written exam on theory.

2 Hours

Theory Final

LAB CONTENT:

40 Hours

Lab:

Student application of Hairstyling, Finger-waving, Curl construction, and Hairstyling/Roller placement. Work procedures on the manikin, also work on client services in the clinic area.

Student Performance Objectives: Demonstrate a complete fingerwave on the mannequin. Demonstrate the preparation of design roller placement utilizing various sizes of rollers. Apply back-combing, back-brushing and French lacing techniques.

20 Hours

Lab:

Student application of Electricity/Fundamentals, Electro Therapy/High Frequency, Galvanic and Safety measures. Work on client services.

Student Performance Objectives: Demonstrate the use of electrical appliances used in a salon. Utilize proper safety measures used on different types of electricity.

20 Hours

Lab:

Student application of Light Therapy including Therapeutic lamps/appliances and safety measures. Work on client services.

Student Performance Objectives: Demonstrate using Therapeutic lamps/appliances. Practice the safety measures utilized in light therapy.

40 Hours

Lab:

Review safety and emergency first aid. Student application of Thermal Styling, including an introduction to Marcel Iron Styling. Utilize Pressing/comb heater. Work on client services.

Student Performance Objectives: Demonstrate proper wave techniques utilizing proper implements. Practice safety measures in air waving, blow drying, pressing and Marcel irons.

40 Hours

Lab:

Review information about the Skin, including cleaning mask, skin conditions, benefits, procedure, scrub mask, purpose/benefits materials. Review Hot eyebrows, purpose/benefits, and materials. Student application. Work on client services.

Student Performance Objectives: Apply facial packs and masks. Demonstrate the procedures for specific skin conditions. Practice eyebrow techniques.

20 Hours

Lab:

Student application. Work on client services. Review all materials covered to date. Review Practical applications in preparation for Midterm. Midterm: Practical.

Student Performance Objectives: Participate in review sessions. Complete practical midterm.

40 Hours

Lab:

Student application of Hair Coloring and Toners. Work on client services.

Student Performance Objectives: Demonstrate highlighting techniques. Use the process of decolorizing.

40 Hours

Lab:

Review sanitary and safety measures. Student application of Artificial Nails as well as other skills learned. Work on client services.

Student Performance Objectives: Demonstrate nail wrap procedure, nail tips procedure/sculpture nail. Apply advanced nail techniques on form and powder application and nail care for fill service. Practice sanitary and safety measures.

40 Hours

Lab:

Student application of Contemporary Perms and weaving methods-technique. Student application of piggy back method technique. Work on client services. Review safety.

Student Performance Objectives: Demonstrate advanced perm techniques and practice client consultations, hair analysis and client protection.

20 Hours

Lab:

Review all subject areas covered. Students perform practical applications. Work on client services.

Student Performance Objectives: Demonstrate the skills/techniques presented. Participate in review sessions.

38 Hours

Lab:

Student applications. Work on client services. Review all practical exam information. Complete practice practical exam.

Student Performance Objectives: Demonstrate skills and techniques on clients. Participate in class activities. Complete practice practical exam.

2 Hours

Practical Final

METHODS OF INSTRUCTION:

Lecture, audio-visual presentation, videos and guest speakers. Course will be conducted through student participation on a mannequin or model practice or clinic services.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 20

Assignment Description

HW-Assignment: Read chapter(s) on hairstyling/curl construction and complete practical and theory workbook.

HW-Assignments: Read chapter(s) on hairstyling/roller placement. Complete practical and theory workbook.

Required Outside Hours 10

Assignment Description

HW-Assignments: Read chapter(s) on electricity and complete practical and theory workbook and required operations.

Required Outside Hours 10

Assignment Description

HW-Assignments: Read chapters on light therapy and complete practical and theory workbook and required operations.

Required Outside Hours 20

Assignment Description

HW-Assignments: Read chapters on Thermal Styling and complete practical and theory workbook and required operations.

Review light therapy practices.

Required Outside Hours 20

Assignment Description

HW-Assignments: Read chapters on the skin and complete practical and theory workbook and required operations.

Study for written and practical midterms.

Required Outside Hours 10

Assignment Description

Review all chapters read and workbook materials completed.

Review Theory in preparation for Written and Practical Midterms

Required Outside Hours 20

Assignment Description

HW-Assignments: Read chapters on hair coloring and complete practical and theory workbook and required operations.

Required Outside Hours 20

Assignment Description

HW-Assignments: Read chapters on artificial nails and complete practical and theory workbook and required operations.

Required Outside Hours 20

Assignment Description

HW-Assignments: Read chapters on contemporary perms and introduction to weaving. Complete practical and theory workbook and required operations.

Required Outside Hours 10

Assignment Description

HW-Assignments: Read and review all chapters and complete practical and theory workbook and required operations.

Study for Final.

Required Outside Hours 20

Assignment Description

HW-Assignment: Review all theory material in preparation for written final.

Complete practice exams.

METHODS OF EVALUATION:

Writing assignments
Evaluation Percent 30
Evaluation Description
30% - 60%
Written Homework;
Lab Reports;
Essay Exams
Skill demonstrations
Evaluation Percent 40
Evaluation Description
30% - 60%
Performance Exams;
Demonstration
Objective examinations
Evaluation Percent 30
Evaluation Description
20% - 40%
Multiple Choice;
True/False;
Matching Items;
Other: Essay
Textbooks

REPRESENTATIVE TEXTBOOKS:

Milady Standard Cosmetology Practical Workbook, Milady, Cengage Learning, 2020.
ISBN:
12th Grade Verified by: MS Word

Milady Standard Cosmetology Study Guide: The Essential Companion and State Board Review Book,
Milady, Cengage Learning, 2020.
ISBN:
12th Grade Verified by: MS Word

Milady Standard Cosmetology Textbook, Milady, Cengage Learning, 2020.
ISBN:
12th Grade Verified by: MS Word

Milady Standard Cosmetology Theory Workbook, Milady, Cengage Learning, 2020.
ISBN:
12th Grade Verified by: MS Word

Cosmetology Kit

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: B

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000368768

Sports/Physical Education Course: N

Taxonomy of Program: 300700