

Course Outline

COURSE: COS 200 **DIVISION:** 50 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2022 **CURRICULUM APPROVAL DATE:** 4/12/2022

SHORT TITLE: BEGINNING COSMO

LONG TITLE: Beginning Cosmetology

| <u>Units</u> | <u>Number of Weeks</u> | <u>Type</u> | <u>Contact Hours/Week</u> | <u>Total Contact Hours</u> |
|--------------|------------------------|-------------|---------------------------|----------------------------|
| 12 | 18 | Lecture: | 5 | 90 |
| | | Lab: | 21 | 378 |
| | | Other: | 0 | 0 |
| | | Total: | 26 | 468 |

COURSE DESCRIPTION:

Introduction to the profession of cosmetology. This course covers state board regulations, health and safety protocols, hairstyling, chemical procedures and skin beautification.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Explain and demonstrate the techniques of haircutting and styling with emphasis on proper elevations, tool use and safe and sanitary procedures, on mannequins.
2. Describe and demonstrate how to apply the correct manicure procedure on a model.
3. Develop and perform a basic facial and the corresponding make-up customized for an individual based on skin conditions.
4. Analyze, select and apply the proper hair coloring chemicals based on an individual's needs.
5. Describe and apply health and safety and disinfection sanitation procedures.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Describe and practice the State Board procedures, rules and regulations for practical cosmetology services.
2. Discuss the uses and benefits of various types of conditioners and describe and demonstrate proper brushing and general hair and scalp treatments.
3. Describe cells, their structure and their reproduction.
4. Define tissue found in the body as well as explain the functions of the ten main body systems.
5. Describe the structure and composition of the skin, list the function of the skin and define important terms relating to skin disorders.
6. Describe the five main categories of professional skin care products and explain the different types of massage movements.
7. Describe the different types of cosmetics and their uses and list safety measures for make-up application.
8. Describe and demonstrate a basic make-up procedure, including eyebrow tinting, eyelash application, beautification and enhancement.
9. Describe the elements of a client consultation for hair removal, list and practice the safety measures and demonstrate an eyebrow arching procedure.
10. Explain and complete the proper State Board color application process on manikins, including the required health and safety standards.
11. Describe and demonstrate the techniques of finger waving, roller setting, pin-curls and comb-outs.
12. List the factors of a hair analysis for a chemical wave, explain the physical and chemical wave action that takes place during permanent waving and demonstrate basic wrapping procedures.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 4/12/2022

LECTURE CONTENT:

5 Hours

Content: Introduction and Orientation to Gavilan College Cosmetology. State Cosmetology Rules and Regulations. Develop classroom statement, career and goal planning.

10 Hours

Content:

Trichology/Scalp and Hair Treatment: (a) Properties of hair. (b) Characteristics of hair. (c) Growth patterns. (d) Disorders of the hair and scalp.

Disinfecting and Sanitizing: (a) State required procedures.

10 Hours

Content:

Bacteriology: (a) Pathogenic Bacteria (b) Non-Pathogenic Bacteria

Sterilization and Sanitation: (a) Physical Sanitation (b) Chemical Sanitation

State Board Procedure for Practical Services: (a) Sanitize (b) Table Set-Up (c) Client Protection

5 Hours

Content:

Introduction to Dermatology and Onychology: (a) History of skin. (b) Function of skin. (c) Nail structure./Water and Oil Manicure (d) Disorders and diseases.

Facials: (a) Facial preparation. (b) Implements and supplies. (c) Manuel facial massage. (d) Skin analysis

10 Hours

Content:

State Board Rules and Regulations: (a) Cosmetology Act (b) Performance Criteria

Introduction to material safety, data sheets, environmental health and safety agencies.

Make-Up Application

Introduction to Eyelash and Eyebrow Beautification and Enhancement Procedures: (a) Elements of a client consultation for hair removal. (b) Safety measures during an eyebrow arching procedure. (c) Different types of cosmetics and their uses.

1 Hour

Content: Lecture Test: (a) Trichology (b) Bacteriology (c) Sterilization and Sanitation (d) Rules and Regulations (e) Cosmetology Act (f) Onychology (g) Dermatology

10 Hours

Content: Introduction and Practical State Board color application. Hair coloring: (a) Color theory. (b) Types of hair color and uses. (c) Patch testing, strand testing. (d) Procedures.

Bleaching: (a) Health and Safety Standards (b) Applications

5 Hours

Content: Anatomy: (a) Cell Metabolism (b) Osteology (c) Mythology

10 Hours

Content: Fundamentals of Hair Cutting: (a) Uniform haircut design. (b) Sectioning, 90 degree elevation. (c) Safe and sanitary procedures.

16 Hours

Content: Hair Styling - Wet Hair Styling and Press and Curl: (a) Face Shapes (b) Volume and Indentations (c) Shaping (d) Pin-curls (e) Roller placements

Introduction to Thermal Hair Styling - Introduction to Marcel Iron Styling. Overview: (a) Methods/Techniques (b) Safety (c) Pressing/Comb Heater (d) Emergency First Aid

1 Hour

Content: Lecture Test: (a) Anatomy (b) Color Theory (c) Wet Hair Styling Theory - hydrogen bands, facial structures, hair charm characteristics

5 Hours

Content: Cosmetology Chemistry/Permanent Waving: (a) Sectioning - straight back and double halo (b) Wrapping (c) Spiral Wrap (d) Permanent Wave Application

2 Hours

Final Exam.

LAB CONTENT:

22 Hours

Content: Student Application: (a) Cosmetology kit assembly, identifying tools of the trade. (b) Table set-up for hair-cutting. (c) Proper use of hair-cutting implements./Disinfection and sanitation. (d) Sectioning, importance of proper use of sectioning for control as directed by State Board requirements.

42 Hours

Content: Student Application: (a) Fundamentals of hair-cutting. (b) Solid form, diagonal solid form and basic increased layering designs. (c) Hair styling. (d) Proper blow-drying.

42 Hours

Content: Student Application:

Manicuring: (a) Water manicure procedure. (b) Oil manicure procedure. (c) Arm massage. (d) Nail polish application base coat, polish, top coat. (e) Safety rules in manicuring./Disinfection and sanitation procedures. (f) Proper handling of sharp points and implements. (g) Keeping all containers covered and labeled. (h) Analyze hands and nails for disease.

Scalp and Hair Treatment: (a) Brushing (b) Massage (c) Conditioners

15 Hours

Content: Student Application: (a) Skin analysis (b) Massage (c) Manuel facial

22 Hours

Content: Student Application: Eyebrow Arching: (a) Implements, sanitation, supplies for arching. (b) Procedure for giving an eyebrow arch. (c) Corrective make-up. Eyelash Application, Beautification and Enhancement: (a) Eyebrow tinting (b) Eyelash application

22 Hours

Content: Practical Exam: (a) Sectioning (b) Solid Form Hair-cutting (c) Diagonal Back Solid Form Hair-cutting (d) Increased Layer Hair-cutting (e) Blow-drying, Thermal Design (f) Make-up Application (g) Eyebrow Arching (h) Facials (i) Manicuring

22 Hours

Content: Hair Coloring and Bleaching/State Board Color Application: (a) Virgin tint to lighter. (b) Retouch to lighter. (c) Virgin tint to darker. (d) Retouch touch to darker. (e) Virgin bleach. (f) Bleach retouch. (g) Virgin toner. (h) Toner retouch. (i) Tint black to natural.

42 Hours

Content: Fundamentals of Haircutting: (a) Uniform haircut design. (b) Sectioning, 90 degree elevation. (c) Solid form, diagonal solid form and basic increased layering designs. (d) Hair styling. (e) Proper blow-drying.

42 Hours

Content: Student Application: Wet Hair Styling: (a) Roller Placement (b) Pin-curl Structure (c) Clockwise (d) Stand-up Curls (e) Comb-out Techniques

20 Hours

Content: Demonstration - Thermal Hair Styling. Thermal iron techniques with controlled and safe application.

22 Hours

Content: Practical Subject Tests: (a) Color Applications (b) Wet Styling Applications (c) Uniform Hair-cutting

10 Hours

Content: Student application of material presented during lectures, including permanents and wrapping.

26 Hours

Content: State Board Procedure for Practical Services. Review of all subjects. Student application of skills/techniques identified as needing more practice.

27 Hours

Practical Subject Test

2 Hours

Final Exam.

METHODS OF INSTRUCTION:

Lecture, demonstrations, guest speakers, audio visual presentations, student participation with mannequin and model, practical applications.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 50

Assignment Description

Assignments: Read appropriate textbook chapter(s).

Required Outside Hours 90

Assignment Description

Assignment: Complete practical and theory workbook assignments on designated topic(s).

Required Outside Hours 40

Assignment Description

Assignment: Review all subjects for theory and practical examinations. Review all designated topics. Study for exams and final.

METHODS OF EVALUATION:

Writing assignments

Evaluation Percent 40

Evaluation Description

30% - 60% Written Homework; Lab Reports; Essay Exams

Skill demonstrations

Evaluation Percent 40

Evaluation Description

30% - 60% Class Performance; Performance Exams

Objective examinations

Evaluation Percent 20

Evaluation Description

20% - 40% Multiple Choice; True/False; Matching Items; Other: Essay.

REPRESENTATIVE TEXTBOOKS:

Milady Standard Cosmetology Practical Workbook, Milady, Cengage Learning, 2020.

12th Grade Verified by: MS Word

Milady Standard Cosmetology Textbook, Milady, Cengage Learning, 2020.

12th Grade Verified by: MS Word

Milady Standard Cosmetology Theory Workbook, Milady, Cengage Learning, 2020.

12th Grade Verified by: MS Word

REQUIRED MATERIALS:

Cosmetology Kit

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000327729

Sports/Physical Education Course: N

Taxonomy of Program: 300700