



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: ATH 47 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2024 **CURRICULUM APPROVAL DATE:** 11/9/2021

SHORT TITLE: INTERCOLLEGIATE SOCCER

LONG TITLE: Intercollegiate Soccer

| <u>Units</u> | <u>Number of Weeks</u> | <u>Type</u> | <u>Contact Hours/Week</u> | <u>Total Contact Hours</u> |
|--------------|------------------------|-------------|---------------------------|----------------------------|
| 2.5 OR 3 | 18 | Lecture: | 0 | 0 |
| | | Lab: | 7.5 OR 10 | 135 OR 180 |
| | | Other: | 0 | 0 |
| | | Total: | 7.5 OR 10 | 135 OR 180 |

Out of Class Hrs: 00.00

Total Learning Hrs: 135.00 OR 180.00

COURSE DESCRIPTION:

This course provides practice and competition in intercollegiate soccer. Before participating, students must have completed a physical exam and their athletic eligibility paperwork. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 3 times

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

047 - Laboratory - LEH 0.7

737 - Dist. Ed Internet LAB-LEH 0.7

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate the skills of trapping, passing, shooting and defending in a game or game-like situation.
2. Execute and defend a direct kick, corner kick and penalty kick.
3. Implement and execute the game strategies specific to an opponent.

COURSE OBJECTIVES:

1. Demonstrate a variety of individual techniques and fundamentals required for intercollegiate participation.
2. Explain and apply the CCCAA (California Community College Athletic Association) and FIFA (Federation of International Football Association) rules for the sport.
3. Develop and apply team skills necessary to successfully compete at the intercollegiate level.
4. Develop and analyze offensive and defensive tactics and strategies and respond accordingly.
5. Develop and apply principles for teamwork, leadership, and sportsmanship.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 11/9/2021

15 - 20 Hours

Content: Information provided on course expectations and requirements. Stretching and conditioning activities specific to soccer will be introduced. Conditioning drills designed for improving soccer skills will be worked on. This would include ladder work to improve agility, fitness and decision making. In addition, defending drills such as 1 V 1, 2 V 1 and 2 V 2 will be practiced. Students who repeat the class will be provided with a leadership opportunity by the instructor. Repetition will increase proficiency of the skills required to execute these drills for those students repeating the class.

Student Performance Objectives: Demonstrate sport specific stretching by leading their teammates through a warm-up routine. Participate in the conditioning drills and execute a variety of defending drills.

28 - 38 Hours

Content: Continued development of the skills required to compete, such as progressive work on technique. Implement the base offense and defense that will be used throughout the season. Tactical work incorporating agility, fitness and critical thinking will be practiced. Drills such as offense vs. defense, 6 V 4 and 5 V 5 + 1 will be practiced. Students who repeat this course will become more proficient in these skills through repetition of the drills. They will gain a greater awareness of the tactical part of soccer. They will also increase the rate of speed at which they make these decisions during game play.

Student Performance Objectives: Execute the offense and defense in scrimmage and game situations, utilizing the skills developed. Evaluate decisions such as: should I keep the ball or pass, should I shoot or pass the ball and can I push up the field or do I need to get back on defense.

90 - 120 Hours

Content: Formulate and execute a game plan specific to that week's opponent(s). Students who repeat the class will gain an increased knowledge of the strategies involved in the sport of soccer as well as the opportunity to improve on their consistency.

Student Performance Objectives: Execute each game plan. Demonstrate advanced soccer skill level.

NOTE: The format for a day's class will generally be:

- warm-up (stretching and conditioning)
- technical work
- 5 V 5 small sided game
- topic training for the day (example - defense 1 V 1, 2 V 1 and 2 V 2)
- progression to the goal (same drills as above except taking it to the goal)
- scrimmage
- cool-down (stretching and conditioning)

NOTE: Each week is usually broken down into:

- Monday - technique work such as trapping and passing
- Tuesday - intercollegiate competition
- Wednesday - build on what was successful in the last game; this may include shooting, defensive play and shadow play
- Thursday - tactical work based on previous games, this may include a small sided game and/or give and go situations
- Friday - intercollegiate competition

2 Hours

Final.

NOTE: Intercollegiate athletics at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

METHODS OF INSTRUCTION:

Demonstration, Small Group Activities, Discussion, Video Analysis, Guided Practice

METHODS OF EVALUATION:

Skill demonstrations

Evaluation Percent 60

Evaluation Description

Skill demonstrations: 40% - 60%

Class performance.

Other methods of evaluation

Evaluation Percent 40

Evaluation Description

Other methods of evaluation: 40% - 60%

Participation required.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 200830

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000562613

Sports/Physical Education Course: Y

Taxonomy of Program: 083550