



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: ATH 25 DIVISION: 40 ALSO LISTED AS: KIN 25 & PE 25

TERM EFFECTIVE: Fall 2022 CURRICULUM APPROVAL DATE: 12/13/2022

SHORT TITLE: SOCCER

LONG TITLE: Soccer

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54
		Total Learning Hrs:	27 OR 54	

COURSE DESCRIPTION:

This is a sport specific sport designed for our student-athletes. Fundamentals, strategy and rules of the game of soccer are included. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 3 times

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate dribbling, shooting, passing and trapping the soccer ball with the inside and outside of their feet; trapping the ball with their body and legs; and heading the ball in a desired direction in drills and games.
2. Describe the general strategies and rules of the game.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Demonstrate trapping, passing, dribbling, juggling and heading the soccer ball.
2. Demonstrate proper tackling and blocking techniques.
3. Explain when free kicks, throw-ins and penalty kicks are used.
4. Identify the soccer field markings.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 12/13/2022

3 - 6 Hours

Content: Course description and methods of evaluation. An overview, including field markings and equipment required, will be provided. Introduce stretching and warm-up exercises appropriate for soccer. The fundamental skills involved in soccer will be described and demonstrated.

6 - 12 Hours

Content: Warm-up running, stretching and ball handling drills. Introduction and/or review of trapping, passing and dribbling skills. This may include passing with the inside and outside of the foot; trapping using the sole, chest and leg; and various dribbling methods. Guided practice opportunities will be provided. Introduce heading the ball. Discussion of the positions on the field, each positions' responsibilities, and methods for advancing the ball up the field. Scrimmage opportunities involving 3 on 2 and 2 on 1 offense vs. defense will be organized. Strategies for offensive and defensive play will be included. The rules of the game of soccer will be provided.

4.5 - 9 Hours

Content: Warm-up running, stretching and ball handling drills. Review and practice skills previously introduced and teach juggling the ball, starting with juggling on one knee then letting the ball drop to a foot. Then teach juggling with the head, knee and foot. Review trapping with the chest, then allowing the ball to drop to the knees and eventually the feet. Introduce the free kick, throw-in and penalty kicks. Scrimmage opportunities can be provided to allow students to utilize their skills.

4.5 - 9 Hours

Content: Warm-up running, stretching and ball handling drills. Demonstrate the techniques of tackling and blocking and set up drills to allow students to practice these skills. Discuss the role and skills necessary for the goalkeeper. Guided practice opportunities will be provided.

7 - 16 Hours

Content: Students will complete their warm-up running, stretching and line drills and then be divided into teams for game play. Emphasis will be on teamwork and execution of the fundamental skills.

2 Hours

Final exam.

METHODS OF INSTRUCTION:

Lecture, demonstration, and guided practice.

METHODS OF EVALUATION:

Skill demonstrations

Evaluation Percent 60

Evaluation Description

40% - 70% Demonstration

Objective examinations

Evaluation Percent 10

Evaluation Description

0% - 20%

Multiple Choice,

True/False,

Matching Items,

Completion

Other methods of evaluation

Evaluation Percent 30

Evaluation Description

30% - 50% Other: Requires student participation.

REPRESENTATIVE TEXTBOOKS:

No textbook required.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000533730

Sports/Physical Education Course: Y

Taxonomy of Program: 083550