



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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### Course Outline

**COURSE:** ATH 21                      DIVISION: 40                      ALSO LISTED AS: KIN 21 & PE 21

TERM EFFECTIVE: Fall 2022                      CURRICULUM APPROVAL DATE: 12/13/2022

SHORT TITLE: VOLLEYBALL

LONG TITLE: Volleyball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54
		Total Learning Hrs:	27 OR 54	

#### COURSE DESCRIPTION:

This is a sport specific course designed for our student-athletes. Fundamentals, strategy and rules of the game of volleyball are included. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

#### GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 3 times

## SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

## STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate the proper techniques for passing, setting, hitting, blocking and overhand serving a volleyball.
2. Describe and execute the offensive and defensive strategies, including each individual's responsibilities.

## COURSE OBJECTIVES:

By the end of this course, a student should:

1. Demonstrate fundamental volleyball skills during game play.
2. Practice the correct rotation and positioning.
3. Discuss the responsibilities of each position.
4. Discuss the rules and strategies of volleyball.

## CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 12/13/2022

1.5 - 3 Hours

Content: Discussion on class procedures and grading. Proper care of equipment and net set-up will be presented.

4.5 - 9 Hours

Content: The techniques for passing and for setting will be presented. The overhand serve will be described and demonstrated. Hitting, including the footwork and arm swing, will be taught.

4.5 - 9 Hours

Content: Review of skills learned. Drills incorporating passing and setting; passing, setting and hitting; and serving, passing, setting and hitting will be utilized. These skills may be practiced in game-like situations and/or incorporated in game play.

3 - 6 Hours

Content: Court positioning, the responsibilities of each position and rotation will be illustrated. Opportunities for students to execute their passing, setting, hitting and serving skills while maintaining their correct court positioning and responsibilities will be provided. This may include serve receive drills.

4.5 - 9 Hours

Content: Blocking techniques and offensive and defensive strategies will be presented and practiced. Game-like situations will be provided for students to practice all the skills learned during earlier classes.

6 - 12 Hours

Content: Warm-up with a variety of drills in preparation for game play. Rules governing official game play will be discussed. Tournament play, incorporating all skills and knowledge learned to date. This may include 6 and/or 2 player games.

1 - 4 Hours

Content: Skill testing and semester review.

2 Hours

Final.



**METHODS OF INSTRUCTION:**

Skill demonstrations

Evaluation Percent 50

Evaluation Description

40% - 70% Demonstration

Objective examinations

Evaluation Percent 10

Evaluation Description

0% - 20%

Multiple Choice,

True/False,

Other: Short Answer

Other methods of evaluation

Evaluation Percent 40

Evaluation Description

40% - 60% Other: Student participation

**REPRESENTATIVE TEXTBOOKS:**

No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000533729

Sports/Physical Education Course: Y

Taxonomy of Program: 083550