

### Course Outline

**COURSE:** AH 55                      **DIVISION:** 50                      **ALSO LISTED AS:** AH 43

**TERM EFFECTIVE:** Spring 2021                      **CURRICULUM APPROVAL DATE:** 10/13/2020

**SHORT TITLE:** INT/MENT HEALTH NSG

**LONG TITLE:** Interactive and Mental Health Nursing

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
10	18	Lecture:	5.5	99
		Lab:	13.5	243
		Other:	0	0
		Total:	19	342

**COURSE DESCRIPTION:**

The dynamics of leadership and management in nursing, including concepts of basic mental health. Progresses from basic mental health knowledge and skills to the refinements involved in psychiatric nursing practice as it relates to all age groups. Incorporates nursing concepts and nursing experiences relative to human sexuality, child abuse and cultural and ethnic diversity. \$100 course material fee, payable at registration. **PREREQUISITE:** Admission to advanced standing / RN program and California IV Certification and successful completion of AH 51, 52, 53 and 54 or equivalent.

**PREREQUISITES:**

- (Completion of AH 51, as UG, with a grade of C or better.
- OR
- Completion of AH 61, as UG, with a grade of C or better.)
- AND (Completion of AH 52, as UG, with a grade of C or better.
- OR
- Completion of AH 62, as UG, with a grade of C or better.)
- AND (Completion of AH 53, as UG, with a grade of C or better.
- OR
- Completion of AH 63, as UG, with a grade of C or better.)
- AND (Completion of AH 54, as UG, with a grade of C or better.
- OR
- Completion of AH 64, as UG, with a grade of C or better.)

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

## GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

## SCHEDULE TYPES:

02 - Lecture and/or discussion

03 - Lecture/Laboratory

04 - Laboratory/Studio/Activity

04B - Laboratory - LEH 0.75

05 - Hybrid

71 - Dist. Ed Internet Simultaneous

72 - Dist. Ed Internet Delayed

73B - Dist. Ed Internet LAB-LEH 0.75

## STUDENT LEARNING OUTCOMES:

1. Students will communicate clearly, verbally and in writing using appropriate grammar, vocabulary and word usage with patients, peers, facility staff and instructors representing diverse populations and viewpoints.

Measure: Written careplans Clinical evaluations

PLO: 1,2,3,4,5,6

ILO: 2, 1, 3, 4, 6, 7

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

2. Students will use principles of college-level mathematical concepts to correctly calculate medication dosages and intravenous solution flow rates.

Measure: Clinical evaluation Clinical calculation exams

PLO: 1,2,3,4,5,6

ILO: 2,3

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

3. Students will demonstrate appropriate active listening skills using techniques of therapeutic communication to verify that communication has been accurately interpreted. Students will use language interpreters at appropriate times in the clinical settings.

Measure: Classroom presentations

Role play with instructor evaluation

Clinical evaluations

PLO: 1,2,3,4,5,6

ILO: 2, 1, 3, 4, 6

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

4. Students will interact effectively with people of all ages, many cultures and ethnicities demonstrating awareness of the students' own values and opinions, as well as awareness and respect of the opinions and values of others

Measure: Clinical evaluations Classroom participation in discussions regarding ethical dilemmas of patient care process recordings

PLO: 1,2,3,4,5,6

ILO: 4.6

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

5. Students will critically analyze data from textbooks, patient charts including electronic charts, dictionaries, reference books, and the internet. Apply theoretical concepts and facts to real life situations, with computer simulated patient situations and exams.

Measure: Written course work

Clinical evaluations

Exams

PLO: 1,2,3,4,5,6

ILO: 2, 1, 3, 4, 6

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

6. Students will analyze pre-written patient plans of care and will individualize the plan to a specific patient.

Measure: Written care plans

Clinical evaluations

PLO: 1,2,3,4,5,6

ILO: 2,1,3,4,6,7

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

7. Student will reflect creative and critical thinking skills. Creative and critical thinking is characterized by openness of inquiry, ability to ask pertinent questions, production of new ideas, flexible problem solving, examination of underlying assumptions, and an ability to present diverse perspectives.

Measure: Written coursework Classroom presentations Case studies

Exams

PLO: 1,2,3,4,5,6

ILO: 2,1,3,4,6

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

8. Students will use therapeutic nursing interventions which reflect the standard of nursing practice. This will be exhibited by the student's ability to use psychomotor and psychosocial interventions which promote health; and prevent, minimize, or resolve problems as identified by the nurse and patient. Therapeutic interventions are independent actions grouped in theory-based research and experiences.

Measure: Clinical evaluations

Actual care plans

Licensure exam

PLO: 1,2,3,4,5,6

ILO: 2,1,3,4,6

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

9. Students will utilize nursing process to prioritize and organize nursing care and to problem solve. Nursing process includes:

- a. Assessment of objective and subjective patient data
- b. Analysis of data using the information to develop patient outcomes in planning patient care
- c. Identify and implement appropriate nursing interventions to meet expected outcomes
- d. Revise the plan of care as needed based on the information from the evaluation

Measure: Written care plans

Active care plans in the clinical setting

Clinical evaluations

Case studies using actual patients

PLO: 1,2,3,4,5,6

ILO: 2,1,3,4,6

GE-LO:

Year assessed or anticipated year of assessment: 2014-2015

**PROGRAM LEARNING OUTCOMES:**

1. Apply principles of oral, written and verbal communication to convey relevant, accurate and complete information
2. Apply the nursing process by assessing, planning, implementing and evaluating nursing care and teaching the maintenance of health and prevention of disease.
3. Practice within professional and legal standards and ethical principles and demonstrate sensitivity to the cultural differences of clients.
4. Demonstrate an ability to practice safely.
5. Function within the scope of practice for designated licensure.
6. Take and pass the licensure exam.

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 10/13/2020 **DE MODIFICATION ONLY**

See complete course outline in Curriculum Specialist's Office. / Out of class assignments required on a 2 to 1 basis for Lecture units granted.

Topics include:

1. Critical Thinking in the Nursing Process
2. Culturally Competent Care
3. Health History and Physical Examination
4. Patient and Family Teaching
5. Older Adults
6. Community-Based Nursing and Home Care
7. Complementary and Alternative Therapies
8. Stress
9. Pain
10. End-of-Life Care
11. Addictive Behaviors
12. Inflammation, Infection, and Healing
13. Peripheral Nerve and Spinal Cord Problems
14. Genetics and Altered Immune Responses including Human Immunodeficiency Virus Infection
15. Cancer
16. Fluid, Electrolyte, and Acid-Base Imbalances
17. Preoperative Care

18. Intraoperative Care
19. Postoperative Care
20. Visual and Auditory Systems
21. Visual and Auditory Problems
22. Integumentary System
23. Integumentary Problems
24. Burns
25. Respiratory System
26. Upper Respiratory Problems
27. Lower Respiratory Problems
28. Obstructive Pulmonary Diseases
29. Foundations of Psychiatric Mental Health Nursing
30. Clinical Experiences: Rewards, Challenges, and Solutions
31. Psychobiology
32. Legal and Ethical Implications in Clinical Practice
33. Cultural and Spiritual Issues
34. The Nursing Process
35. Principles of Communication
36. Growth and Development Across the Life Span
37. Anxiety and Related Disorders
38. Mood Disorders: Depression and Mania
39. The Schizophrenias
40. Personality Disorders
41. Substance-Related Disorders
42. Delirium, Dementia, and Amnesic and Other Cognitive Disorders
43. Disorders of Childhood and Adolescence
44. Eating Disorders
45. Sexual Disorders
46. Adjustment Disorders
47. Interactive, Activity, and Electroconvulsive Therapies
48. Psychopharmacology
49. Complementary and Alternative Therapies
50. Crisis: Concepts and Interventions
51. Violence: Abuse, Neglect, and Rape
52. Suicide
53. Grief and Loss
54. Persons with HIV/AIDS
55. Community Psychiatric Mental Health Nursing
56. Persons with Severe and Persistent Mental Illness

**METHODS OF INSTRUCTION:**

Lecture, lab, skills demonstration, return demonstration

**METHODS OF EVALUATION:**

CATEGORY 1 - The types of writing assignments required:

Percent range of total grade: 15 % to 25 %

Written Homework

Reading Reports

Lab Reports

Essay Exams

Term or Other Papers

Other: Classroom presentations, internet assignments

CATEGORY 2 - The problem-solving assignments required:

Percent range of total grade: % to %

Homework Problems

Quizzes

Exams

Other: Minimum 90% competency level pass/fail only

CATEGORY 3 - The types of skill demonstrations required:

Percent range of total grade: 5 % to 15 %

Class Performance/s

Performance Exams

CATEGORY 4 - The types of objective examinations used in the course:

Percent range of total grade: 80 % to 90 %

Multiple Choice

True/False

Matching Items

Completion

Other: Calculations

CATEGORY 5 - Any other methods of evaluation:

Clinical evaluation is pass/fail

## **REPRESENTATIVE TEXTBOOKS:**

### Required Texts:

- American Psychological Association. (2009). Publication manual of the American Psychological Association. 6th ed. Washington, DC: American Psychological Association.
- Billings, D. M. (2013). Lippincott's Q & A review for the NCLEX-RN. 11th ed. Philadelphia, PA: Lippincott, Williams & Wilkins.
- Claywell, L. (2013). LPN to RN Transitions. St. Louis, MO: Elsevier.
- Fortinash, K., & Holoday-Worret, P. (2012). Psychiatric mental health nursing. 5th ed. St. Louis, MO: Mosby.
- HESI. (2013). Comprehensive review for the NCLEX-RN examination. 4th ed. St. Louis, MO: Elsevier.
- Nettina, K. (2013) Lippincott manual of nursing practice. 10th ed. New York, NY: Lippincott, Williams & Wilkins.
- Potter, P., & Perry, A. (2013) Mosby's nursing video skills DVD: Basic, Intermediate & Advanced Skills. 4th ed. St. Louis, MO: Mosby.
- Silvestri, L. (2013). Saunders comprehensive review for the NCLEX-RN examination. 6th ed. St. Louis, MO: Elsevier.

### Required Software:

- Deglin, J., & Summers, S. (2013). Nursing central for PDA, web & wireless. Philadelphia, PA: F.A. Davis.
- Epocrates. (2013). Epocrates for the health professional. Free download. San Mateo, CA: Athenahealth.
- HESI. (2014). Patient Reviews. St. Louis, MO: Elsevier.
- Elsevier. (2014) Adaptive quizzing for the NCLEX-RN exam. St. Louis, MO: Elsevier.

### Recommended Texts:

- Deglin, J., & Vallerand, A. (2014). Davis's drug guide for nurses. 14th ed. Philadelphia, PA: F.A. Davis.
- Lacharritty, L., Kumagai, C., Bartz, B. (2011). Prioritization, delegation and assignment. 2nd ed. St. Louis, MO: Elsevier.
- Irwin, B., & Burchhardt, J. (2013). NCLEX-RN, strategies, practice and review. 2013-2014 ed. New York, NY: Kaplan.
- Pagana, K., & Pagana, T. (2012). Diagnostic lab test reference. 11th ed. St. Louis, MO: Elsevier.
- Van Meter, K., & Hubert, R. (2010). Gould's Pathophysiology for the health professions. 5th ed. St. Louis, MO: Mosby.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200970

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: AH

CSU Crosswalk Course Number: 55

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000506203

Sports/Physical Education Course: N

Taxonomy of Program: 123010